|  |  |
| --- | --- |
| Name |  |
| Date |  |
| Start Time for Study Session |  |
| Goal # 1 | What do you plan to accomplish, and how will you measure your success? |
|  |
| Estimate how long you will spend on Goal # 1 (check one) |
|  | 15-29 minutes |  | 60-89 minutes |
|  | 30-59 minutes |  | 90 minutes to 2 hours |
|  |  |  |  |
| Goal # 2 | What do you plan to accomplish, and how will you measure your success? |
|  |
| Estimate how long you will spend on Goal # 2 (check one) |
|  | 15-29 minutes |  | 60-89 minutes |
|  | 30-59 minutes |  | 90 minutes to 2 hours |
|  |  |  |  |
| Goal # 3 | What do you plan to accomplish, and how will you measure your success? |
|  |
| Estimate how long you will spend on Goal # 3 (check one) |
|  | 15-29 minutes |  | 60-89 minutes |
|  | 30-59 minutes |  | 90 minutes to 2 hours |
|  |  |  |  |
| Goal # 4 | What do you plan to accomplish, and how will you measure your success? |
|  |
| Estimate how long you will spend on Goal # 3 (check one) |
|  | 15-29 minutes |  | 60-89 minutes |
|  | 30-59 minutes |  | 90 minutes to 2 hours |
|  |  |  |  |
| End Time for Study Session |  |