|  |  |  |  |
| --- | --- | --- | --- |
| Name |  | | |
| Date |  | | |
| Start Time for Study Session | |  | |
| Goal # 1 | What do you plan to accomplish, and how will you measure your success? | | |
|  | | | |
| Estimate how long you will spend on Goal # 1 (check one) | | | |
|  | 15-29 minutes |  | 60-89 minutes |
|  | 30-59 minutes |  | 90 minutes to 2 hours |
|  |  |  |  |
| Goal # 2 | What do you plan to accomplish, and how will you measure your success? | | |
|  | | | |
| Estimate how long you will spend on Goal # 2 (check one) | | | |
|  | 15-29 minutes |  | 60-89 minutes |
|  | 30-59 minutes |  | 90 minutes to 2 hours |
|  |  |  |  |
| Goal # 3 | What do you plan to accomplish, and how will you measure your success? | | |
|  | | | |
| Estimate how long you will spend on Goal # 3 (check one) | | | |
|  | 15-29 minutes |  | 60-89 minutes |
|  | 30-59 minutes |  | 90 minutes to 2 hours |
|  |  |  |  |
| Goal # 4 | What do you plan to accomplish, and how will you measure your success? | | |
|  | | | |
| Estimate how long you will spend on Goal # 3 (check one) | | | |
|  | 15-29 minutes |  | 60-89 minutes |
|  | 30-59 minutes |  | 90 minutes to 2 hours |
|  |  |  |  |
| End Time for Study Session | |  | |